Manitoba

Provincial Pilot and Evaluation of PAX in

PART III:
Design of Population-Level Pilot and Evaluation
WAIT-LIST CONTROL GROUP

NEW COHORT of 2500 students

PRETEST IMPLEMENTATION OUTCOMES

POSTTEST
+ annual follow-ups
(compared to control group from previous year)

Replication Group

SAME 100 schools/3rd Grade 1 classrooms
NEW COHORT of 2500 students
Outcome Measures

Intermediate and Long-Term (Annual: Grade 2 through Grade 12+):

- Early development instrument data from kindergarten as baseline
- Strengths and Difficulties Questionnaire (SDQ) - completed by teachers
- Classroom-level Spleens - collected by teams of trained, independent observers

Immediate (beginning to end of Grade 1):

- Crime (violent, crime, property crime) - from Department of Justice
- Addictions (smoking, alcohol, drugs) - from Department of Health (and YHS)
- Health service utilization (including physician visits, medication use, hospitalization) - from Department of Health
- Physical and mental health - from Department of Health (and Youth Health Survey)
- High school graduation - from school divisions and Department of Education
- Use of special education services - from Department of Education
- Grade 3, 7, 8 - assessments (language and math) - from school divisions
| 1. Evidence: |  
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| Epidemiological evidence: Rising prevalence of children's mental health problems |
| Evaluation evidence: Longitudinal results from randomized trials of CGB |
| Economic evidence: Benefit-cost analyses of CGB |
| 2. Experiences: |  
| School trustees, school superintendents, and teachers have asked for help with rapidly rising (and earlier onset of) mental health problems of students (K-12) |
| Lessons learned: Re: Limitations of current approaches, including overemphasis on targeted programs, and urgent need for population-level public health approach |
| 3. Excitement: |  
| Tremendous public policy potential of population-level prevention for children and youth in improving life course outcomes across sectors |


Recording, power point, and videos

Rob Santos

dee@paxis.org

Dennis Embry

Leanne Boyd

6/15/2012

https://www.mentalhealthamerica.net/go/action/policy-issues-a-z/recorded

sarah stevenson
steven@menatalhealthamerica.net

rob.santos@gov.mb.ca

deepaxis.org

dennis.embry

leanne.boyd@f.gov.mb.ca