

Early Intervention for Children and Youth with Emergent Social, Emotional, or Mental Health Concerns

A Report produced in August, 2015 by the Children's Behavioral Health Integration Initiative (CBHII), an initiative of the Illinois Children's Mental Health Partnership



IL Children's Mental Health Act of 2003

- Established the Illinois Children's Mental Health Partnership (ICMHP).
- Mandated that ICMHP develop a comprehensive children's mental health state plan.
- Allowed office of mental health funds to be used for children 0-18.
- Expanded pre-psych hospital screening program.
(saved IL approximately \$19 mil per year)

IL Children's Mental Health Act of 2003

- Improved methods of capturing Medicaid funds that can be used to support children's mental health.
- Required Illinois State Board of Education to develop social/emotional learning standards.
- Required local school districts to develop policies on social/emotional development.

ICMHP State Plan

▶ **Six key areas**

- Prevention, Early Intervention, and Treatment
- Public Education and Awareness
- Financial Investments
- Building Qualified and Trained Workforce
- Shared Accountability among Key State Agencies
- Invest in Research

▶ **28 priority recommendations**

▶ **Short-term strategies and action steps**

Investments in ICMHP Plan FY 05 - FY 15

▶ State Appropriations		\$ 52.07 million
DHS/DMH	\$ 36.78	
ISBE	15.29	
▶ State Agencies		1.41
DCFS	.25	
IVPA	1.16	
▶ Foundations/Other		.232
▶ TOTAL		\$ 54.056 million

ICMHP Funded Initiatives

▶ School /SEL Initiatives	\$15.290 million
▶ Early Intervention Services	7.225
▶ Family Leadership	5.702
▶ JJ Trauma Services	3.360
▶ Transitions Project	3.250
▶ Evidence-Informed Initiative	3.050

ICMHP Funded Initiatives

▶ ICMHP Staff/Summits/Trainings	\$ 2.951 million
▶ Consultation Project	2.475
▶ Tele-Psychiatry	2.000
▶ Services for 0-5	1.850
▶ DocAssist (cmh consult line)	1.600
▶ Public Awareness Campaign	1.465
▶ EI for Children of Incarcerated Parents	1.375

ICMHP ADVOCACY ISSUES

- ▶ Adding infant/childhood mental health provision to Mental Health Reform bill in Congress
- ▶ Amending IL School Code to require social and emotional screen as part of required school physical
- ▶ Reforming IL Juvenile Justice system and creation of Youth Diversion Task Force
- ▶ Creation of Advisory Council on At-Risk Students within IL State Board of Education
- ▶ Codifying Teen Reach Grant Program

Children's Behavioral Health Integration Initiative

- ▶ Organized to promote integration of various state mental health planning efforts
- ▶ Comprised of representatives from:
 - IL Children's Mental Health Partnership
 - IL Department of Human Services, Division of Mental Health
 - IL Department of Children & Family Services
 - IL Human Services Commission
 - Association of Community Mental Health Authorities of Illinois
- ▶ Initially produced Crosswalk of Planning Efforts and Treatment Service Recommendations and Descriptors

What is Early Intervention in Social, Emotional, Mental Health Context?

- ▶ Services provided to address social, emotional, behavioral or mental health concerns identified at the earliest ages and earliest stages as they appear;
- ▶ Concerns can occur from birth into adulthood;
- ▶ Services may be targeted to individuals or a population subgroup at higher risk for developing social, emotional, behavioral or mental health problems

Why Early Intervention is Important

- ▶ Early intervention services have been demonstrated to:
 - ▶ Prevent, delay and/or reduce the severity of social, emotional, behavioral or mental health problems later in life;
 - ▶ Promote positive health outcomes, change a young person's developmental trajectory, and improve quality of life for children, families and communities;
 - ▶ Result in substantial cost savings for families and systems, including educational, welfare and juvenile justice systems.

Examples of At-Risk Groups

- ▶ Children/youth exposed to violence in the home or community
- ▶ Children/youth with parents who have mental illness or substance abuse problems
- ▶ Children/youth who are homeless or at-risk of homelessness;
- ▶ Children/youth with incarcerated parents;
- ▶ Children separated from parents by child welfare system
- ▶ Children/youth who suffer(ed) from other adverse childhood experiences

Components of Effective Statewide Early Intervention System

- ▶ Early identification, voluntary screening, assessment, referral and follow-up
- ▶ Perinatal depression screening and services
- ▶ Key interventions that are coordinated, adequate and statewide
- ▶ Mental health consultation with providers
- ▶ Trauma-informed practice
- ▶ Provider capacity building and training

Examples of Evidence-Informed Early Interventions

- ▶ Parent Education and Support Services
- ▶ Voluntary home visits
- ▶ EI Part C school readiness services
- ▶ Short-term counseling and support groups for children/youth that include skill-building

Examples of Evidence-Informed Early Interventions

- ▶ Crisis Supports
- ▶ Student Support Services
- ▶ Mental health consultation for providers across child/youth serving systems
- ▶ Trauma-informed practice

Recommendations for Implementation of Early Intervention Strategies in Illinois

- ▶ Create awareness among stakeholders of the importance of early intervention efforts.
- ▶ Build provider capacity to offer early intervention services.
- ▶ Build on, expand, and coordinate across existing systems, such as EPSDT, home visiting, consultation, school-based and after-school programs, managed care, etc.
- ▶ Conduct community demonstration project to demonstrate the process and impact of early intervention

WEBSITE

WWW.ICMHP.ORG

(Media Center: ICMHP Publications)